



Camp Betsey Cox Wellness Protocols 2026

As we plan for summer 2026, knowing that communicable illnesses do remain present in our communities, we continue to work together with Vermont camp directors, the American Camp Association, the Alliance of Camp Health, our local pediatricians, and local health officials to develop safe and reasonable camp protocols. Our best thinking to date can be found here. Please reach out to Devri if you have any questions or concerns about these plans. info@campbetseycox.com or (802) 345 5974.

Before Camp

- If your camper has a positive test result or symptoms consistent with Covid, Strep, Flu, or RSV 24 hours before arrival, we will ask you to delay your arrival. Please call camp to discuss ongoing plans.
- We ask that all campers are fever free without the aid of fever reducing medications for 24 hours before joining us. A fever is defined as 100.4 by our medical director.
- If your camper has been exposed to a contagious communicable illness (i.e. chicken pox, measles, strep, flu, Covid) 48 hours or less before opening day, please call camp to discuss your camper's wellness and make a plan.

Check-in Health protocols:

We will welcome you at the Lodge for check in. We will be parking in the lower lot, the upper lot to drop off gear and then the Archery field during the check in process. Our staff will direct families at arrival about where to park and then to the check-in location. After our initial lice head check, our Health Care team will meet each camper and family for a face to face health check where we will collect any medications and our camp forms including:

- **BC Wellness check completed no more than 24 hours prior to arrival.**
- ACA Health Form Part 1-Health History
- ACA Health Form Part 2-Primary Care Provider (or copy of most recent physical) and immunization record. Please be sure immunizations for MMR (measles, mumps, rubella, and DTaP or Tdap for diphtheria, tetanus, and pertussis (whooping cough) are up to date as required by the State of Vermont for communities serving children. Contact us with questions as needed. ([Immunization Information for ChildCare and School Providers](#))
- Hugs and Health Release of Health Information
- Assumption of Risk Waiver
- Copy of insurance card

At Camp

Communicable disease testing: We may test symptomatic members of our community using rapid antigen tests, strep tests, or other lab testing in Rutland under the advice of our medical director in Rutland (Community Health Centers of the Rutland Region-Pediatrics) and our health care protocols.

Medical staff: We will have medical personnel on site all summer: Registered Nurses, LNAs, Wilderness First Responders, and staff trained in basic First Aid/CPR/AED. We have a local medical director who is part of Community Centers of the Rutland Region Pediatrics. Telemedicine consultations may be available with our supervising local pediatricians and doctors, as will in person visits to offices in Rutland as needed.

Wash houses and the Shower house will be cleaned with approved cleaning products. Signage about proper handwashing and the importance of hand sanitizing will be posted next to the hand sanitizers and sinks in the wash houses.