



Camp Betsey Cox 140 Betsey Cox Lane, Pittsford, VT 05763 www.campbetseycox.com

Swim Lesson Contract for: _____
Camper Name

Betsey Cox campers choose their activities each period each day. We do not require attendance at any activity in the program, including swim instruction. At the same time, we think that everyone should have the swimming skills to be safe in the water and around water. We encourage everyone to learn to swim to achieve stroke proficiency and efficiency, for fitness, and recreational pleasure.

All campers take part in a "swim check" at the start of the first session they join us each summer. We ask all campers to enter the water however they are comfortable, and show us their skills. The swim check allows us to place campers in the appropriate swim level for them to be safe at our waterfront and on trips out of camp. Swim levels also determine where campers can safely swim and play (floating dock, floating mat, slide, diving board) at the waterfront and which boating activities they are qualified to enjoy.

We teach lessons periods 1, 2 and 3- four to five days a week weather permitting. 4th Period is always Free Swim. We teach multiple levels each period. The Waterfront Staff announce what levels meet during what periods at announcement time after breakfast and lunch.

This contract is intended to act as an agreement between campers and parents about swim instruction at Betsey Cox. We feel three lessons a week is an adequate number for lesson participation, but the more lessons campers join, the more likely they will be to improve their skills and pass a swim level.

Please check the circle if lessons are optional for your camper and then sign the signature lines below.

☐ **Lessons are optional for:** _____

Camper: I have discussed swimming lessons with my family and agree that I will take swim lessons _____ times per week, weather permitting. I understand that it is my responsibility to fulfill this agreement. I understand that Betsey Cox staff may remind me of this agreement.

Camper printed name

Camper signature

Parent: I have discussed swim lessons with my camper, and we have agreed that my camper will participate in lessons _____ times a week, weather permitting. I understand that this is a responsibility my camper is accepting. Betsey Cox staff will keep a record of progress. They will do their best to encourage camper efforts and remind my camper of the commitment to take lessons if that is our agreement.

Family member printed name

Family member signature

All campers must submit this form with the Camper Health Form.