

Camp Betsey Cox

Summer 2025



Family Information Packet

140 Betsey Cox Lane Pittsford, VT 05763

Summer: (802) 483 6611

www.campbetseycox.com

info@campbetseycox.com

Year round: (802) 345 5974

Welcome to Betsey Cox!



We are very excited to welcome you to Betsey Cox Summer 2025!

The time has come to send along this packet of information about the summer season! The information contained here is very important to read and understand, as it will guide you through the camp experience. Some information is new each year, so even if you are a long-time camp family, please read on. This year, we have included new information in **bold purple**. If you have questions or need clarification on any details, please call our winter office at (802) 345-5974 or email: info@campbetseycox.com We move the winter office over to Vermont June 1. **Please begin to use the Summer address for mailings as of May 31.**

Once we are at camp we check email less frequently so please use the phone for your primary means of communication with our office. During camp the office is staffed 9am to 4pm. Before camp opens for the season, we do check messages frequently, if you don't reach us on the first try.

The Summer office:
140 Betsey Cox Lane, Pittsford, Vermont 05763
(802) 483-6611

We join you all in looking forward to a fabulous summer!

Getting to Camp

You may use Google Maps, Mapquest, or GPS to find us, they do work in our area!

**140 Betsey Cox Lane
Pittsford, Vermont 05763
OR**

BOSTON AREA – Take Route 93N to Route 89N to White River Junction. From there, take Route 4 to Rutland and Rt 7 (Follow directions from Rt 7 South).

CENTRAL CONNECTICUT – Take Route 91 north. Get off at the Rutland exit and take Routes 103 and 7 to Rutland. (Follow directions from Rt 7 South).

NEW YORK – Take Route 87 to Glens Falls, then Route 4 to Rutland. Or, if you're coming from the city, take 87 to 84 and go up either Route 7 (scenic), or 91 (see Central Connecticut above) to Rutland. (Follow directions from Rt 7 South).

ROUTE 7 to CAMP FROM THE SOUTH: Going north on Route 7, about 5.5 miles out of Rutland, look for a right onto Sangamon Road. Go about 2 miles uphill and look for the **Betsey Cox sign** on your left. If you get to Sangamon Lane and the Camp Sangamon sign, you've gone just a bit too far.

ROUTE 7 to CAMP FROM THE NORTH: Going south on Route 7, go through Pittsford and keep an eye out for a **Kubota Tractor dealership** on your left. Take the next left onto Sangamon Road and follow directions above.

Public Transportation *If your camper will be using public transportation to or from camp, please check details carefully with us. Please send us the details of your travel plans in writing and include us in the planning. Please CONFIRM the information by calling camp a few days ahead, and again the day before arrival. *Please call us to confirm instead of sending an email.**

BY AIR– Burlington International Airport and Rutland Airport: <http://www.btv.aero/>
North of us, Burlington International Airport is served by eight airlines. Burlington is 70 miles away, (about 1.5 hours) and timing is important, so please talk to us before buying the ticket. *Campers arriving by air should plan their flights to arrive no earlier than 10:00am.* Return flights should be scheduled to leave *after 11:00am.* Most airlines will not allow unaccompanied minors on the last flight of the day, so please keep that in mind too. Pick-up/drop-off in Burlington is free, unless it is on another day than regular opening and closing. For pick-up/drop-off on another day we do charge a \$50.00 fee.

The airport in Rutland, Vermont has been expanded. It is about 30 minutes from camp. Please check to see if your child's travel itinerary can work through the **Rutland Airport**. <http://flyrutlandvt.com/>

Train- Amtrak- <https://www.amtrak.com/home.html> Train may be a possibility. Typically they do not offer unaccompanied minor options on the train, but we can discuss options that do exist with you if you wish. The Ethan Allen Express (291) travels to and from NYC to Rutland, Vermont once a day. Please contact us for more information about arrival by train.

Opening Days, Changeover weekends, and Closing Days

Opening Days are on Sundays June 22, July 13, and July 27, 2025
Closing Days are Saturdays July 12, July 26, and August 16, 2025

All campers should depart by noon. If you are going to be much later than you expected, please call us so your camper doesn't spend time worrying about you!

Check in/Check Out

Check-in will be in the Lodge and on a staggered schedule as follows:

9:30-10:30-lower level campers

10:30-11:30-upper level campers

If your camper completed grade 3 through 6 this June, likely they will be on the upper level. Grades 7 through 8 will be housed on the lower level. 9th graders will be in Ficklebump and Grotto for summer 2024. Please reach out if you have questions.

Please be in touch with us if you have a sibling attending Camp Sangamon, a sibling scheduled to arrive at Betsey Cox at a different entry time, or if you need to arrive at a different time for your own logistics. We will work together to arrange your arrival times so checking in can be an easy process.

You will be welcomed down by our archery field, where you will be directed to the upper or lower parking lots. Directors and the staff will be on hand to greet you in the Lodge upon arrival and on departure days. The check-in process begins with a lice head check to make sure no unwanted critters have come with you. Make sure to read our head lice policy in your materials. The check-in process also includes a conversation with one of the camp nurses and you and your camper to go over your health forms and wellness check, and turn in the head check card. We will review your tuition account information, and you can meet with our Waterfront head about your camper's swimming contract.

After the Lodge check in is complete, Staff and our Leadership program participants will be on hand to tour families around camp. Families are welcome in camper cabins this summer, but we do ask that you let our staff settle campers. Staff will help set up bug nets, organize where trunks are placed, etc. Allowing staff to help settle campers also allows families to tour around camp a

bit more with their campers if they wish before departing and helps us begin each camper's transition to Camp smoothly. We appreciate your understanding and support. And then...families depart by noon and we gather for lunch– the first camp meal! All together again!

Check-out: Staff will meet arriving families in parking areas and will direct families to check out in the Lodge. We look forward to chatting with you about your camper's experience. Staff will be on site to tell a story or two, and to hand out camp pictures, address lists, any medications, and a few other bits. Check out begins at 9:00 and goes to 12:00 noon.

Changovers– Please be careful to note the day you are to pick your camper up at the end of the session. *All sessions begin on a Sunday and end on a Saturday.*

We cannot accommodate early arrivals before June 22, or late departures after August 16.

Health and Safety

As we plan for summer 2025, knowing that communicable illnesses do remain present in our communities, we continue to work together with Vermont camp directors, the American Camp Association, the Alliance of Camp Health, our local pediatricians, and local health officials to develop safe and reasonable camp protocols. Please see our Wellness Protocols in the Health and Safety section of our website.

There are several usual health-related items required for every person at camp, for every season.

1. **No camper may stay at camp without a completed and signed health form part I, and the Betsey Cox Assumption of Risk form**
2. **The health form must be signed by you, the parent/guardian.**
3. **Copy of your camper's Health insurance card**
4. **Wellness check completed within 24 hours of arrival.**

PLEASE BRING ALL FORMS WITH YOU ON OPENING DAY.*

If you choose to mail or email forms ahead, please bring copies of the originals with you.

* We ask that you check in face-to-face with our health-care staff, with your forms in hand, on opening day to confirm we have all the information we need so we can care for your camper to the best of our abilities. Health History – an up-to-date health history: Part I- is to be completed by families, Part II- includes a physical exam that is current (ideally within 12 months), to be completed by a healthcare professional. Many primary care offices will complete their own form that can be attached to Part II in lieu of completing the ACA Part II. This is fine. If your camper's physical is not current within 12 months, please be in touch. Complete record of shots and immunizations: *(school records are acceptable, check for current Tetanus)*

CAMP STRONGLY RECOMMENDS THAT YOUR CHILD RECEIVE REGULAR CHILDHOOD VACCINATIONS. PLEASE BE SURE WE KNOW BEFORE CHECK-IN IF YOUR CHILD HAS NOT RECEIVED ALL CHILDHOOD VACCINATIONS.

Please make sure we have all emergency permission signatures, emergency contact names and phone numbers.

All but the copy of your health insurance card, are part of the ACA Health Forms on our website. If you will be out of the country or otherwise unreachable for any lengthy period of time, please have your health form permission signature notarized. The medical profession is most reluctant to care for your camper without such permission.

Head Lice--are an occasional problem at any camp or school. We ask that YOU check your camper's head for lice 24 hours BEFORE you arrive at camp. If you have found nits or live lice, or you have been exposed to lice just before arriving, please give us a call ahead of time. If we discover eggs or adult head lice at check in, we will ask you to treat your camper off site and then return to camp. The actual treatment is not difficult, but the comb-outs are time consuming for our health staff to do at camp. If lice is found at camp we will contact families and consult about a plan. If the only option is keeping and treating the camper in camp, there will be a \$25 comb-out fee per comb. If it is a serious case, the added work of comb-outs is significant, and if families cannot pick up their campers, we may contact professionals if we need extra help. If we need to use professional services there may be a \$300-\$350 fee that families who choose to be treated at camp are responsible for. We have found the cetaphil treatment most successful. Copies of the treatment are available from camp as needed.

Night time heads up—If your camper has any special night-time or sleep needs, please tell us. Insomnia, sleepwalking, incontinence, nightmares, etc. are important for us to know about. We deal with these sorts of issues in a caring, confidential manner, and will inform you of incidents should they occur. (If your child has a known bed-wetting problem, please send TWO light weight synthetic sleeping bags, and write us a note about it on the medical form. This will allow us to manage your camper's needs most easily).

Food at Camp

Our camp has a strong belief in healthy eating habits. We also know how important good, quality food is to everyone! With this in mind, our kitchen staff offers a lot of choice. At breakfast, there is always yogurt and cold cereal, hard boiled eggs, fruit and toast as well as a hot breakfast option on each table. At lunch and dinner we offer a salad bar that is often stocked with the harvest from our own garden or local farmers in our area along with various protein choices.

Our camp cooks prepare meals for community members who eat vegetarian, vegan, gluten-free, and lactose-intolerant diets. We may invite you to supplement some items for your camper if there are unique dietary requirements. For example, if your camper has a gluten allergy and has

a favorite gluten-free dessert or type of bread, we ask that you bring some supplies of these items for us to hold in the kitchen so when we are all enjoying home-baked treats there is a favorite treat for your child as well! Please call us if your camper has any dietary requirements and we can discuss them in more detail. We can accommodate most food allergies or sensitivities and dietary needs. Our 2021 Lodge addition and ceiling fans in the Lodge offer excellent airflow and ventilation. We enjoy plenty of space for comfortable dining in our cabin groups. We also enjoy meals outside, weather and menus permitting.

Things not needed at camp! Money/Valuables/Cellphones/ Most electronic devices

Betsey Cox is a rustic camp. We keep it that way for a variety of reasons, and you and your child have chosen us knowing that. We ask for your cooperation in helping us make it *different* from the way most of us live our regular non-camp lives. Please keep the following in mind as you pack for camp.

Money – For lots of good reasons, we don’t want campers to have spare cash in their possession. If a camper needs a new hair brush, or more toothpaste we pick that up for them and add the charge to their camp account. Betsey Cox has merchandise that is sold on opening and closing days and can be purchased with cash or check, or paypal. If your camper buys merchandise at another time it will be recorded on their account and you will be responsible for payment upon departure. Please remember to bring your checkbook or cash. If your camper is a “shopper” we suggest that you have a conversation about how many items you prefer to have brought home!

There is a special traditional all-camp field trip Third Session to the Addison County Fair and Field Days. Everyone in the community looks forward to this event! Camp covers the admission costs for everyone at camp. We add the same amount of fair spending money to camper accounts for all Session 3 families that staff distribute on the morning of the Fair. It is very important to all of us that campers go off to the Fair with the same amount of money. Please do not send additional money to your camper for perceived “extras”.

Valuables– Valuable items can be a source of great disharmony, jealousy, and occasionally, loss or theft. Camp is not a particularly good environment for expensive or favorite *anythings*. *Camp is not financially responsible for valuables.*

Electronic devices, Cell phones, Kindles, Tablets, Music, etc. - The sounds of Vermont in the summer are wonderful to hear, and we encourage community members to talk with each other, rather than to “tune out” with headphones or ear buds. Consequently, we allow limited use of iPods/MP3 players to play music, only in cabins when campers are in their own bunks. We usually do not recharge electronics unless there is a special arrangement with a camper. We have camp speaker systems when we all wish to listen to a tune! We advise against expensive

technology (see Valuables). We do allow Kindles or the like, as long as they are not connected to the internet. *We do not allow portable electronic devices, cell phones, e-watches, electronic games, or any device that can access the internet. We acknowledge that many of today's music players, e-watches and electronic books do connect to the internet or act as video players. If we find that a device is being used for something other than music and books, we will hold it for you in the office until departure.* If your child has a cell phone for travel days to and from camp, please let us know that your camper will be arriving with one, and we will hold it safely in the camp office and make sure it is charged for departure.

Clothing Name Tags –Please!! *Mark everything you send to camp*, and tape a “packing list” inside your trunk lid. Having said that, we have to admit that our family never had names on half the stuff they took to camp. But you should also know that they often came back with significantly less than what they brought to camp. Whatever has a *name* on it has a reasonably good chance of returning to you. If not, consider it an endangered species. There are lots of name tag companies out there to choose from if you wish to purchase tags. Please mark things like raincoats- they often get misplaced when the sun starts to shine again in the middle of the day!

Transitioning to Camp

We have a great deal of experience helping campers make easy transitions from home to camp. In the unlikely event that your camper is challenged significantly by the adjustment, we deal with it openly, and then help them to get past it. Parents can help by sending frequent newsy mail, asking about what activities and things your camper is enjoying, or sharing shenanigans of family pets– NOT letters stressing your loneliness or your camper's. We will connect with you by phone if your camper experiences transition challenges so that we can work together in support of making the time with us a great success.

Communications

Phone – In the interests of supporting your camper's smooth transition to camp, we only allow phone calls to be placed or received from the office in rare, approved situations. We will always include you in the decision about a phone call before we decide to have a camper call. Directors are happy to talk with you about your camper anytime between 9:00am and 4:00pm when our office is open, and of course, in any emergency situation. We do check voicemail at least three times during the day– morning, midday, and evening.

Letters – The US postal system is the best way to communicate with your camper while at camp. Letters can be saved and re-read and are a bit of a treasure to campers. We ask your camper to write to you once a week, and often this happens on the back of the camp newsletter, *The Bubbler*. Another good way to get letters is to pack with self-addressed, stamped envelopes or postcards. But keep in mind that campers having a great time often don't take the time to

write! Please let us know if you don't hear *anything* from your camper. *Note: we do not allow campers to email. But if there are campers whose mail would not arrive in time (international campers and campers from the West Coast of the US), we will print emails and seal them in envelopes as a written letter and deliver them to their mail box. International campers can write letters to you that we will scan if need be.*

Reminder: we do NOT monitor our camp e-mail address as regularly during the season.

If you have an important message to get to your camper, please call the office.

Care Packages– See our separate page about Care Packages. Please follow this policy, and please do contact us with any questions you might have.

Visiting– For our campers, BC Muggie Leaders and Staf who are with us for five or eight weeks, we welcome visits on the changeover weekends- July 12-13 and July 26-27. Campers can depart on Saturday morning and return later that day or stay out overnight and return Sunday by 1200 noon for lunch. The session ends at noon on those Saturdays and visits can start at noon. Your camper, Muggie Leader or Staf can stay out with you overnight if that fits your plans or return to BC. Everyone should be back in camp by noon on Sunday. Please share your plans with us and we will do our best to make it a great visit.

For campers staying for two or three week sessions, we are not planning any mid-session visits. At pickup, your camper will have time to show you to all their favorite camp places!

Hints on Equipment

Trunks, or what to pack in:

Camper bunk areas have pegs on which to hang towels, bathing suits and raincoats and there are small shelves to hold a book or two, small art projects, headlamps, or a battery operated fan. We do not have drawers or cubbies in which to unpack. That means what you pack your personal items in becomes your storage while you are at camp. Trunks are great. We recommend a trunk that is less than 14" high so it can slide under the bunks.

<https://everythingsummercamp.com/collections/camp-trunks> sell the “happy camper” or the “companion trunk”. Both are a good size and will last a lifetime.

<https://www.rhinotrunkandcase.com/summer-camp-trunks/> sell the “small rhino essential trunk” Alternatively, packing in a rugged plastic storage tub is a good option. Suitcases work too. Duffle bags are more difficult to live out of. If you do have a duffle, tub, or trunk, one organizational trick is to pack socks and underwear or other small items in ziplocks or colored stuff sacs so you can find them easily amongst your other clothing, We do not recommend plastic drawers as they rarely last more than one season, and they take up a lot of space around the bunks, even though they are popular and provided to international staff by camp.

Rain gear– If it rains just a little, a raincoat is enough gear. But if it rains a lot, rain boots make a big difference. Send a good, waterproof rain jacket, preferably one with a hood, --and a pair of old-fashioned, slip-on rubber boots.

Riding boots–Nothing fancy is necessary, just shoes with hard soles and a small separated heel so one’s foot fits well in the stirrup. Rain boots can double in a pinch, (but do not have a hard toe) and a hiking boot usually can do double duty well. We provide riding helmets; but campers can bring their own if they wish.

Fishing –There is good fishing at Burr Pond. And we offer fishing expeditions on some hike days or for a Sunday Seminar– our special activity days. Camp owns fishing gear for campers to use, but if your camper likes to fish, by all means bring a rod and tackle.

Sleeping gear – We sleep on canvas bunks for a variety of good reasons. Because there is canvas under the sleeper, two blankets are good to bring-one for underneath and one for on top for chilly nights. A single flat sheet is nice to have, too, as a light cover on a hot, summer night. Some campers want an extra soft bed, and bring “egg crates” to create a mattress on the canvas. We encourage you to purchase **instead**, a more lasting investment like a thermarest or foam camping mat that can be used on overnights and at home. The egg crates often get left, or fall apart and a camping pad is a much more versatile choice. You really can’t bring an “egg crate” on an overnight trip.

Even if your camper decides to bring sheets and blankets for their bunk, we **require a sleeping bag**. We want to be sure campers can participate in all camp sleep outs, trips and cabin overnights, so each will need a sleeping bag to do so. A sleeping bag rated to 40F does the trick in the summer. Synthetic bags are better than down in terms of cleaning. If you have a lighter bag, send along another blanket. Favorite stuffed animals should never be allowed to miss camp. There’s lots of room in the bunk. Recently many campers have enjoyed having mesh bug nets over their bunks. You can purchase these through Campmor or other outdoor outfitters. Our hilltop location minimizes our problems with mosquitoes, but you are welcome to bring a bug net that we will install.(see *Insects and insect repellent*)

Water bottles, Day packs and Flashlights– *All three are required equipment!* A liter size, leak-proof water bottle is important. We will have camp water bottles for sale on opening day. A day pack works for day hikes or simply for carrying treasures. Bring a headlamp or flashlight, and extra batteries. Really cheap flashlights break when dropped and really expensive ones create problems of their own. Something in between seems to work out right. We prefer head-lamps to hand-held flashlights. Send along a supply of batteries, and write your name on the light.

Insects and insect repellent– While we don't experience significant difficulty with pesky insects up on our breezy hill, we do supply insect repellent, both natural and chemical at Hugs and Health, and campers can help themselves. We also carry it on trips out of camp in our first aid kits. People do often have a favorite bug repellent! Feel free to bring your favorite, except *Please do not send aerosol cans of insect spray*. You get better coverage from the wipe-on kind. DEET, though effective on bugs, is toxic to humans. There are several non-Deet-formula insect repellents available, please check the labels.

Ticks have become more common in Vermont especially in the early summer. With the help of our health care team, we provide education around tick prevention, and encourage our cabin staff to organize a time for tick checking in the cabin group. Campers are educated and reminded to check for ticks in the shower and when they are in a bathing suit as well as at bedtime and in the mornings. If a tick or tick bite is found on a camper we care for it attentively and we will include families in the care plan. [Information on Ticks in Vermont](#).

Some people who are especially susceptible to bugs like to rig a mosquito net to sleep under. This is possible to set up on both upper and lower bunks. As mentioned earlier, a good net can be purchased inexpensively from Campmor- a discount camping supply store. www.campmor.com 1-800-226-7667. The [Coghlan Rectangle Mosquito Net-Single](#) fit our bunks best:

Knives – Knives can be useful at camp, but are certainly not required. A folding knife is the best kind for camp. We collect all knives on opening day, and campers are asked to go to BIRCHto pass a simple knife check out (a safety check), before they can keep their knife on them. You can help, if you choose to send your camper with a knife, by teaching your camper how to use it, including opening and closing it safely. Make sure a name is on the blade or handle. Many knives look alike. We do have knives at Campcraft that campers can share in order to learn and pass skills.

Swim Goggles and Sun shirts– are nice to have! We usually have a few to borrow, but please bring a pair if you like to swim with them! We recommend a long-sleeved swim shirt to protect shoulders and backs from the sunshine that we love.

Policies

Health Insurance – All campers can be covered by the camp accident/health insurance. The camp policy provides limited coverage and is not intended to replace your family's medical insurance policy. It can cover a trip to the doctor for ear aches, sore throats, and minor accidents. Your regular policy may be used for any medical services instead of the camp policy. Often medications are much cheaper with your family insurance. It's a good idea to be familiar with your policy's stipulations. We have a local CVS and Walgreens easily available to Camp. Please bring a copy of your insurance card to leave with the health forms, and make sure to copy the info onto the forms.

Drugs and Alcohol – We prohibit the use of illegal drugs, alcohol, Marijuana, smoking or vaping, and all forms of tobacco at camp. We are serious about maintaining this policy and anyone in violation is subject to dismissal.

Firearms

Firearms are prohibited at camp.

Prescription Medications- The Camp Health staff will store all medications in a locked cupboard per camp and ACA standards. Medications include any vitamins or supplements that your camper takes. Campers with medications connect with our health care staff before or after meals, and at bedtime in Hugs and Health to receive their medication, and it is recorded in our medication administration record. If there is another time needed for a dose we will set that up with our health team on an individual basis.

Co-ed Activities with Camp Sangamon: It is great fun to have our brother camp right next door. We offer coed free swim, tennis and archery tournaments, soccer matches, a variety of other coed activities and a Social each week as an evening program. All coed events are elective, as they have always been, for campers who are interested. We encourage friendships to develop rather than exclusive one-on-one relationships.

Refunds/ dismissals – It doesn't happen often, but in the case of a mutually agreed upon early departure, some tuition may be refunded. If we don't agree that leaving is the best solution, no refund will be given. In the case of a dismissal or suspension initiated by the directors for disciplinary reasons, no refund will be given. Dismissible offenses involve drugs and alcohol, co-ed violations, violence, and theft. As has been the policy for many summers, we expect that campers will not circumvent our policies and scheduled coed activities in order to participate in unscheduled coed rendezvous. Campers who break these rules will be subject to consequences and their parents will be notified. Repeat offenses will be managed on an individual basis with parent involvement, up to and including dismissal from Camp.

Emergency Closing — Should camp administrators or State authorities determine that camp should be closed in the event of a local, national or international emergency, including a health pandemic, we will notify you that camp will be closing and will work with families to make sure every person returns to a safe location. Should this occur, refund policies will be discussed and acted upon.

Swim Agreement – The one activity at camp we hope everyone participates in is swim instruction. All campers will have a swim agreement this year. Your family should discuss and sign the agreement together in regards to swim lessons. If you agreed on swim lessons, and your camper is not choosing to come to lessons, we will be following up to find out why, and work

to find a happy solution to the swimming plan. We will include you in the conversation if need be. Whichever choice you and your camper make, please indicate that by checking the circle and writing your name on the top of the swim agreement.

Religion – Camp has a non-religious Community Meeting on Sunday afternoons that we call Vespers. We acknowledge the Earth in graces sung at meals, but there is no organized religious service, and we do not attend services in town.

Gratuities – The staff sees every camper as equally important and valuable and our free-choice activity program means that all staff potentially work with every camper. If you would like to express your appreciation for your child’s good experience, we encourage you to contribute to the tax-exempt [*Vermont Campership Fund*](#), which provides financial aid for ten or fifteen campers every summer. Donations can be made to the bookkeeper or the director on arrival and departure days. You may also leave a donation to be used in support of our end-of-season staff banquet where we recognize a summer of good work together.

Lost or broken personal belongings– We are unable to carry insurance on items not owned by Camp Betsey Cox. Any lost items can only be covered by your homeowner/renter’s policy. Please don’t send it if you’re uncomfortable replacing it.

Camp Clothing and other memorabilia– There is no camp uniform. We do ask that everyone at camp wears a shirt or tank top and shorts or pants in the dining room where we all eat. No bathing suits at meals. Camp t-shirts, sweatshirts, shorts, songbooks and other Betsey Cox items may be purchased at camp.

Social Media Policy—As you noted on your camper’s camp application form, we may post pictures on our camp website and camp social media during the winter months that include your camper. These pictures will never include your camper’s name, or other identification per COPPA (Children’s Online Privacy Protection Act). You have signed off giving us permission to do so on the camper and Muggie Leader applications. We do not post on social media during the summer season. Please be thoughtful about any posts you choose to make that include Betsey Cox and be sure posts are encouraging healthy socialization for everyone involved.

**We are thrilled that you & your camper have chosen to spend part of the summer with us!
Please be in touch if we can help with any of the details in your preparation for
joining our camp community.**



Camp Betsey Cox develops strong, capable, imaginative people who will make a positive difference in their world with self-confidence, independent decision-making capabilities, and with a passion for the outdoors.