



The camp with a song in
it's heart

We will miss you!

Send us a note or some
art about a favorite
thing you miss about
camp, and we'll put it
in the next addition of
the BC Bubbler!

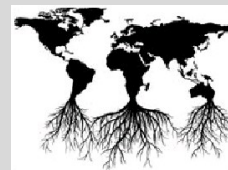
Inside this Bubbler

- Pavlova recipe—
an Aussie treat!
- A visit from
Ecuador—our
friend Monica
- Unity Wellness
Farm visits
- Contra Dance
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- Disco Social
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 - A Poem.



Thanks for joining us
for Session 3
Summer 2024!

The Bubbler



Session 3, 2024

Our final week was full of fun! In addition to visiting activities and completing projects and levels, on Monday campers and staff participated in the annual **BC Popsicle Race**, raising money for humanitarian and environmental organizations by running and swimming laps during evening program. On Tuesday we enjoyed our final social with Sangamon, dressing in our **rock-n-roll** finest. The entire camp journeyed to **Plymouth State Park** for a relaxing “beach day” on Wednesday, before enjoying the staff play and a **Tangled** theme banquet. On Thursday we were treated to the 3rd session play, **High School Musical 2**, and were so impressed by the talented cast! On Friday we all worked together to put camp to bed for the winter, before celebrating the summer with our final **Candlelighting** ceremony.

Other highlights of Session 3:

- Addison Fair and Field Days
- Sangamon-Betsey Cox Fair
- Old Vermont Day—Activities, Pre-breakfast work projects, Apple pie for breakfast, fresh squeezed lemonade, homemade ice cream, spelling bees, leg wrestling, arm wrestling, tug of war with block and tackle, two person saw contests and more!
- Theory's chocolate chip cookies
- Contra Dance with the Saltash Serenaders! Zodiac!
- The floating mat and the water toter! Noodles!
- Paddleboarding
- Jolene and Marble— our camp cows!
- All the horses!
- Archery
- Tennis tournaments
- Wash house Wizards!
- The Staf!
- Staf presentation on their trip to Bolivia
- August starry skies!
- Pickleball
- Crafts in the lower lodge
- Theme days
- Free Swim
- Flower Vespers
- Birthdays at BC
- BC Merch

HANGING OUT WITH HILARY!

Third session camp had a good number of chances to join up with Hilary Lambert from the **Unity Wellness Farm**. Not only did Hilary welcome campers to her own farm for a day of animals, lunch cooking and celebration of a farmers' life, but she also came to camp, often bringing produce from her farm for BC campers to turn into tasty treats! We made jam in a number of flavors, we baked bread and pies, made salsa and pesto from the farm. YUM! We love partnering with Hilary!



RECIPE FOR EASY PAVLOVA

from Aussie/Kiwi Sunday Seminar

Ingredients:

4 large egg whites
1 ¼ white sugar
2 teaspoons cornstarch
1 teaspoon vanilla extract
1 teaspoon lemon juice
1 pint heavy cream
Fresh berries



Directions:

Preheat your oven to 300 degrees.

Line a baking sheet with parchment paper. Draw a 9" circle on the parchment paper.

Beat egg whites until stiff, but not dry. Gradually add

sugar, 1 T at a time, beating well after each addition. Continue beating until meringue is thick, white, and glossy.

Gently fold in cornstarch, vanilla and lemon juice.

Spoon mixture inside the circle drawn on the parchment paper. Working from the center, spread mixture toward the outside edge and build the edge slightly, leaving a slight depression in the center.

Bake in the oven until meringue is dry and sounds hollow when tapped, about 1 hour. Cool on a wire rack.

Beat heavy cream in a medium bowl until stiff peaks form; set aside. Remove meringue from the parchment paper and place on a flat serving plate.

Fill center of meringue with whipped cream and top with berries. ENJOY!!

OH, GREAT! MONICA CAME!

What a treat it is that Monica Vaca Cardenas loves to come back to Camp BC and Camp Sangamon! This summer, Monica worked mornings in Arts and Crafts here at Betsey Cox. Many fancy friendship bracelets were made. So were fancy barrettes. Monica knows how to crochet and knit and also.....we can learn new things about Ecuador! We love that she comes along with Yaiza, her niece! When Monica is here, camp is seriously beautified!



ALUMNI RETURN!

Third session brought so many great people back for visits!

Grace and Nora, Dahlia, Sar, and Sam S. all came for varying lengths of time. A taste of camp is better than none at all! And Nina, who found a way to work as a staff member second session, returned for the very last couple days! We love visitors of all kinds, but especially our alumni! Thanks for coming!



ADDISON FAIR

On the very same Wednesday of the Disco Social, a caravan of BC vehicles rolled out of camp and up Route 7 to the Addison County Fair. People enjoyed all kinds of events, including our own Sarah, winning third in the annual cast-iron-skillet toss and Camp Sangamon's Richard, winning third in the caber toss. People wandered through the animal barns, the freebie barn and the bingo tables before diving into Fair Food (maple creemees, cotton candy, home-made lemonade and other treats!). The small midway entertained people who love rides! What a day! And when the caravan returned.....SURPRISE!



The camp had been ducked! Over 200 rubber duckies could be found all over camp! And no one was responsible, of course! All told, it was a very satisfying day!



DANCE YOUR HEART OUT!

BC and Sangamon people danced and danced this session! First there was the third-session contra dance.....with two BC staff members in the band, Steve and Emily! Go Zodiac!



And then the very next week.....the annual DISCO social! We definitely DRESSED TO IMPRESS!! The STAF put together a great play list! Not one but TWO trips were made to Good Will for exquisite disco garb! There was a bubble machine and other necessary decorative requirements. And....the stars came out when the music was still playing!



A NEW ARTFORM AT BETSEY COX



Twice this summer, once first session and once third, BC campers had the chance to learn the art of stained glass. Six people each session worked with stained-glass artist, Marianne Buswell to produce two or three works of their own. Each participant in this art intensive learned that making stained glass is a



real challenge! But they also learned that with care and precision, beautiful things can be produced. Everyone participating learned even more deeply that the stained glass windows that are in cathedrals and other monuments are truly remarkable!

NO STRINGS

The quote goes “*Handsome is as Handsome does!*”..... Or maybe not! In the second week, Barbara and Dan returned to camp with their puppet family to perform a new version of the classic Hansel and Gretel fairy tale. “Just amazing” was the comment from members of the audience! And the message?? Handsome learns that being handsome is usually not enough. Following the show, BC people got to meet some of the puppets up close and personal. Whether you watch the show for the story or the artistry of the puppets themselves, each and every member of the audience had a fabulous evening!



TONIGHT by Amy Ludwig VanDorwater

We lie in sleeping bags
wearing woven bracelets
on our ankles
spilling giggles
into cabin air.
Our jokes
swirl with secrets
told by long ago campers
and our words
float warm and spicy
like cinnamon
from bunk to bunk
year to year.
We have new batteries
in our flashlights
marshmallow goo
in our hair
and our hearts are
carved with music
of paddles
dipping in water
horse hooves
trotting on dry dirt.
A dinner bell
calling us
For tacos and grace.

CAMP BETSEY COX
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A few thoughts from home...