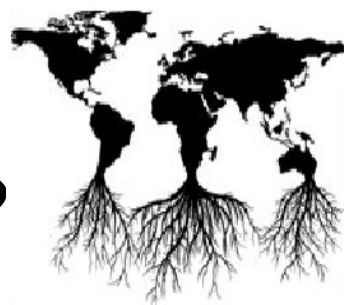


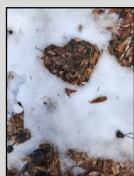
The Bubbler



Camp Betsey Cox



The camp with a song in it's heart



Winter turns to spring with heart!

Inside this Bubbler!

News from Far and Near

Announcing Leadership Program Participants 2023!

Campers 2023!

Wild Turkey Nature Moments

March-



in like a lion,

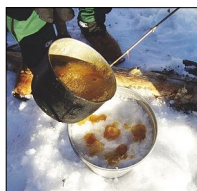


out like a lamb

March 2023

Lines from Lorrie...

On a delightfully snowy March afternoon, just days ago, a number of Betsey Cox and Sangamon friends gathered at the Farmhouse backyard. Their purpose? To celebrate the recent big snow, to celebrate the coming warmer and lighter days, and to drizzle boiling-hot maple syrup on the clean, sparkling snow! Sugar on snow!



It's a Vermont tradition, one carried on by Lorrie, Kim and Marcy, each of whom, as

young kids, helped with sugaring when their grandparents (founders of Camp Sangamon) managed a large sugaring operation at camp each spring.

Some of you veteran camp people will know that there's a traditional run at Camp Sangamon called the Maple Sugar Run. Like our camp Popsicle Race, it challenges people to walk or run over a path that originally went through Sangamon's many maple trees.

There once was a sugar house along the path where buckets of sap hung to be gathered and boiled over a wood fire. Sangamon maple trees gave plenty of sap to produce gallons of Sanga Syrup, enough to last through all the breakfast pancakes the next camp summer with more to sell around town. Our grandfather managed the process—and it was a lot of work! We kids helped by



bringing buckets to the gathering tank as best we could. Snow was deep back then! An old tractor, like our John Deere, pulled the big tank to the sugar house where it was emptied into the boiler over a wood fire kept blazing hot by our grandfather.



Here's the magic! Our grandfather kept a pot of syrup on a special burner. It would continue to simmer away until the end of the work day when it was ready for us to have a cup to drizzle on the snow. The very hot syrup, having hit the very cold snow, became delicious instant maple taffy! This year's was really sweet and good even though it was heated up in a modern kitchen. Sugar on Snow is worth doing every year! Ask Priya, Iyla, Amara, Zora, Lonan, Cam, Larkin, Arlo and



their assorted parents! And do you know? The most special part of our sugar-on-snow party this year was that the syrup we used was made by Steve Spensley! Of course it was! Steve has a small sugaring operation right in his back yard and the syrup is.....tasty!

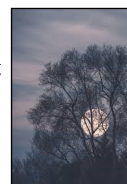
We all had an AWESOME afternoon. To that point, this

winter I have had the time to think a lot about AWE. AWE is the process of being inspired by something remarkable. Could be something a person did. Could be something that happened at camp---Taylor Swift Tuesdays? Leave a Zucchini on Your Neighbor's Porch? Could be something unbelievable from Sunday cookout supper and cabin night when the warmth of your cabin friendships makes you feel so good.

For me, I find it easiest to be awed by the natural world. The amazing colors in a Vermont sunset. The flock of 11 wild turkeys that come daily to enjoy the bird seed in the back yard. The beauty of the snow-storm that left over a foot of snow on which we could drizzle hot syrup. The tree's gift of sap to us so we could know the sweetness of a maple tree more profoundly. The natural world gives us daily opportunities to feel awe if we look closely, listen deeply, stand quietly, peacefully, and ready to receive the magic.

Being willing to be awed is important! It's healthy! It makes you feel so fortunate to be alive at this very moment! There is so much to notice, so much to feel, each and every day.

You can start now practicing AWE where you are so that you're ready to notice all the magic when you get here when the awesome summer of 2023 arrives!



News from near and Far...

IN MEMORIAM

It is with great sadness that we share with you the passing of beloved camp horse, **Twister**. **Twister** was a friend to generations of campers. She loved being at camp where she thrived with the people and the other horses. She passed on with loving caretakers around her. We are grateful for the many summers she was with us all and we know she is resting peacefully now.



Announcing the BC Apprenti and Staf 2023!

In 2023 the BC Muggie Leaders will have a new name! They will be called the BC Apprenti – a name more true to what they do. BC Apprenti will be working with Staff in activities and cabins on weekly rotations- learning skills and leadership and supporting all of the campers. They will still live together in Ficklebump and Grotto. And they will have a grand overnight adventure on a Vermont mountain!

The 2023 Apprenti are: (*drumroll please...*)

Ada VD, Alexa G, Carmyn LF, Jasmin R, Lucy P, Lucy S, Luna W, Rachel T, Rosie K, Sasha CW, and Susannah S.

The Staf 2023: (*another drumroll please...*)

Hettie VD, Linnea F, Makenna H, Maeve S, Clara C, and Francie N.

The **Staf** will be living in cabins with campers as part of the staff team and working in two activities– one during S1 and one during S3. Here's big news! This year's STAF, along with their leaders, **Elly and Matt**, will be traveling to Bolivia second session! They will be participating in a service learning/cross-cultural program there that will include work on a school building, getting to know Bolivian people across generations, and visiting many interesting places in this fascinating

country. We will be traveling there thanks to a long-standing program designed by Amizade, a travel company with whom camp has forged a relationship over several summers. Amizade shaped the program that took some BC people to the Navajo nation in Arizona years ago. All of us can look forward to the stories the STAF will bring back when they return for third session.

See you first and third sessions, STAF!

For more information check out:
<https://amizade.org/programs/bolivia/>



Devri and Alex G shared a blueberry muffin in Rangeley a couple weeks ago. **Alex** is finishing out the ski season at **Saddleback Maine** along with **Juno Knox**. **Devri and Sean** shared pizza with **Juno** too! **Alice and Darcy** checked in from the UK in February. Both are busy and happy. The sheep were about to start lambing for **Alice**, and she sent some great photos of delicate snowdrops peeping through the snow. **Niamh, Ella and Zhane** also send a hello. We will send updates on 2023 Staff in the next *Bubbler*, but we may get to see some of these faces again.



This fine crew had at least one skate on Burr Pond this winter! Look closely and you will find: **Ruby S, Faye S, Emma D, Cam M, Larkin M**, and a few more friends. Little birds

shared that **Sybren, Kayla, Kim, Marcy and Steve** all skated too. How fun to skate where we all swim during Camp!

Things are happening around camp! Bromley will get a new roof this spring! There will be a new and bigger mat to play on at the pond. **No Strings Marionettes** will be at camp first session and those people particularly interested in the puppet family will have a chance to visit **Barbara and Dan's** workshop just over the mountain in Randolph. Contra dances are being scheduled. The snow is melting and soon the wildflowers will be popping up. Spring ephemerals like jack in the pulpit, trillium, trout lilies and lady slippers. Can't wait!

Campers! Muggies! Staf! Staff!

Please share your news and pictures with us! Send any bits of news to info@campbetseycox.com. We look forward to hearing from you!

Announcing the Summer 2023 Camper List as of March 31, 2023

<p><u>Session 1</u> Dahlia A Helena B Lucia B Leo B Lilah B Nina B Amara B, S1 S3 maybe S2 Priya B, S123 Zora B, S123 Sarah C, S12 Carmela C Grace C Hattie C, S12 Rayann C Emma D Calix D, S12 Vinnie EO Celia F, S12 Viv F S12 Lucy F, S12 Carolina F Naila FF Evie F Jasmine G, S12 Maia G Josie H, S12 Sienna H Lexa H Zoey H Dylan H, S12 Willa H Iris I Annika K Emily K Chloe L, S12 Elizabeth L Abby L Ally L Penny L Cecilia L Pele M, S12 Grace M Solin M Nora M Samantha M Clara M, S12 Daisy M, S12 Chloe N Asia N Nieve N Julia P Olivia P Avalon R</p>	<p>Maddie R, S12 Ava S, S12 Ruby S, S12 Rain S, S12 Josie S Plum S Isla S Iyla S, S12 Ruby S, S12 Faye S, S12 Eve S Beaux S Aurora S, S12 Greta S, S12 Claire S Natalie S Luna T Rayna T Hannah T Mya VB, S12 Astrid VD Willow W, S123 Megan W Zoe W Anouk Y Willa Z</p> <div data-bbox="522 1071 760 1386" data-label="Image"> </div> <p style="text-align: center;"><i>July 4 Fireworks!</i></p> <div data-bbox="487 1461 779 1701" data-label="Image"> </div> <p style="text-align: center;"><i>Returning Campers, you know what this picture represents! New campers soon will!</i></p>	<p><u>Session 2</u> Nora B Elodie B, S23 Addie B, S23 maybe S1 Juni B Megan B Jessica B, S23 Opal C Rory C Emiko C, S23 Misa C, S23 Frankie D Louisa E Josie F Sadie G Karen I Amina I Piper J Abby K Phoenix L Caroline L Adrienne L Fiona L Jasmin LC Vera L Winnie M Elsa M Addie M Paige M, S23 Maura N Amelie O Olivia O, S23 Andie P Haven P Alex R Lila R Hazel RH Kalinda S Suzie S Ruth S Sylvia S Poppy S Rosie S Autumn S Yaz SU Phoebe S Amelia T Shelby T Hannah T Molly T Zoey T Maci Mae V Daphne W Yaela W</p>	<p>Claire Z</p> <p><u>Session 3</u> Heron Boatright Anioah CP Kate C Emma C Anna C Lucy D Lily F Kelsey G Lucy G Iris H Anne H Maren J Emma K Viv K Amelie M Callie M Clio M Asha M Zoe M Cibelle M Nora P Liv P Mitzi P Audrey P Mirabella P Roarke R Sy'Rai R Ella S Ivy S Margaret S Ivy S Talia S Clara S Frannie S Addie T Liv T Ellie T H Yai V C Josie W Mae W Pia W</p> <div data-bbox="1172 1612 1513 1915" data-label="Text" style="border: 1px solid black; padding: 10px;"> <p>Help spread the word if you know a future BC Camper!</p> <p>We still have a few openings in S3 in certain age groups.</p> <p style="text-align: center;"><u>Camper Application</u></p> </div>
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BETSEY COX

CAMP BETSEY COX

Winter office

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(802) 345-5974

www.campbetseycox.com

info@campbetseycox.com

A few important things for 2023:

- We are once again requiring that all members of our community are vaccinated against COVID-19.
- Our family information packet and forms for Opening day will be available online and via email in April.
- If you signed on for the early enrollment discount before December 31, half the balance is due now.



Scientific name: *Meleagris gallopavo*

males perform courtship displays of their feathers and vocalize with the classic “gobble”.

[All about Birds– Cornell](#)

In the belief systems that includes animal medicine, turkey represents abundance, gratitude, generosity, and blessings on the earth. Good energy! [Animal totem](#)

Nature Moments!

Lorrie mentioned 11 wild turkeys that visit the Farmhouse each morning– here they are! A tom turkey and several hens enjoying the birdseed Mike and Lorrie provided this winter.

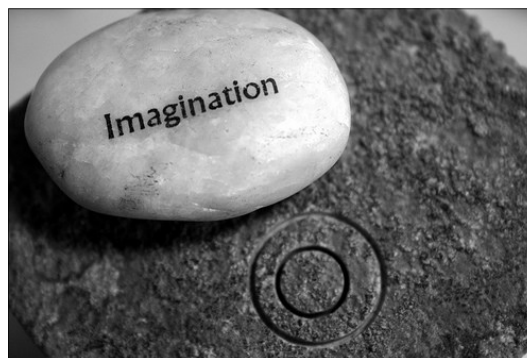
Wild turkeys are large plump birds with long legs and round tails. Turkeys forage mostly on the ground for nuts (particular to acorns), insects, and berries. They get around by walking most of the time. They can fly if needed, but usually only when threatened. They roost in low trees at night. Turkeys have one brood each year with between 4-17 eggs. (*We had a clutch of eggs between Deer’s Leap and the tennis court a few years back, that hatched during precamp. It was very fun to see!*) Wild Turkey chicks stay in the nest for a very short time and then the chicks follow their mother in a “family flock” for most of the year. Kind of like our cabin groups that stick together. They have a bronze colored iridescence to their feathers, and white bars on their wing feathers and the tips of their tails. The



Send us your Nature Moments and we will share them!

It was one
of those
March
days when the sun shines hot
and the
wind blows cold:
when it is summer in the *light,*
and winter in the
shade.

~Charles Dickens



Action!