



Camp Betsey Cox Health Care Release of Confidential Information

Permission is hereby given to the camp health care provider to contact my child's licensed healthcare provider to clarify medical information, if necessary, regarding my child's current state of health. I hereby give the healthcare provider permission to release requested information to the camp health staff.

Camper Name _____ DOB _____

Signature of parent or legal guardian _____

Printed name of parent or legal guardian _____

Name and address of health care provider:

_____ zip _____

Phone (____) _____

Federal Government regulations require signed permission for this exchange.

Thanks for assisting us in caring well for your child.

*** Continued on other side ***



Parent Authorization for over-the-counter medications

Camper's Name _____ age _____

During your child's summer camp experience, a need may arise for her to receive certain over-the-counter medications. These medications would be administered by a registered nurse or trained designee, and the dosage would be as suggested by the manufacturer. The Health Form Part II-Recommendations for Licensed Medical Personnel included in your parent packet lists non-prescription medications commonly stocked in a camp health center and gives you and your health care provider the opportunity to cross out items the camper should not be given. The following are a few additional items we stock that you should cross out if they should not be given.

Please read the statement below and Cross out any non-prescription medications you **DO NOT** want your child to receive. I _____, acknowledge and give permission for my child to receive over the counter medications based upon the Camp Betsey Cox Protocol and Procedure Handbook. I have indicated below those medications I **DO NOT** want her to receive.

topical anesthetics (ie. creams with lidocaine)	Bonine
Robitussin	DayQuil
Tums	NyQuil
Lotrimin cream/spray	Claritin
Clear Eyes	After Bite
Gas-X	SwimEar
topical antibiotic ointment	Witch hazel
wart remover	electrolyte replacement
Dramamine	

*all of the above name brands may be substituted with generic or store brand

**this list may evolve over the course of the summer as needs and availability change

Herbal remedies: Elaine Griffith, our long time Arts and Crafts Director is also a certified Herbal Consultant, a Certified Natural Health Professional, and an Independent Distributor for Nature's Sunshine Products. (<http://www.herbalanswersonline.com/>). She made her skills available to campers and staff over many summers. This summer, Elaine will not be able to be on site. We will continue to offer topical herbal remedies for external use like: Boo Boo Balm (used for many things from bug bites to scrapes), and lavender oil to encourage good sleep. We will also have papaya mints to settle an uneasy stomach, and chewable vitamin C available. Please circle "yes" or "no" if you are willing to have your daughter use topical and/or these two oral supplements with supervision of our Health Care team.

All herbal remedies (oral and topical) may be given as advised by our health care team. YES NO
Topical herbal remedies only may be given as advised by our health care team. YES NO

Parent/Legal Guardian Signature _____ Date _____