



140 Betsey Cox Lane, Pittsford, Vermont 05763 * www.campbetseycox.com*

Dear Betsey Cox Families,

We are excited to announce that new this year, along with many other American Camp Association accredited camps, we will be working with *Pack My Rx* to manage medications for our Betsey Cox campers, muggie/leaders, and staf. If your child takes any daily prescription medications, over the counter medications, vitamins, or supplements, please plan to register with *Pack My Rx* to organize your child's medications this summer.

Camps that have worked with *Pack My Rx* have shared that this collaboration will deliver the most efficient and effective care for your child. It will also allow our Camp RN's to dedicate more time and attention to our campers rather than spending time immersed in the logistics of medication management. We anticipate that it will also speed up the check in process with our health care staff on opening day. We are confident you will agree that this is a positive collaboration!

Pack My Rx will package and ship your child's prescription medications, over the counter medications, vitamins, and supplements to camp prior to the first day and every 30 days thereafter. The 30-day packaging is set up to make it easy for insurance coverage of the medications. The medications will come in strips of individual pouches labeled with your child's name, medications, date, and time of day. For campers coming for two and three weeks, it means there will be some left over for you to use at home. For five and eight-week campers, muggies and staf it will mean a second set of medications will be shipped directly to Betsey Cox to cover the time the girls are at camp. At the end of camp, any extra medication will be sent home with your family. *Pack My Rx* requests refill prescriptions directly from your physician, and they work with one pharmacy. If they should have any trouble, they will ask for your help.

For as needed medications such as allergy pills, prescription topical medications, epipens and inhalers we will continue to accept them on opening day since it is likely that you already have a filled prescription for them and do not need a second one filled. These medications must come in their original packaging.

To participate in this program, you need to complete the registration process at www.packmyrx.com as early as possible; hopefully at least one month ahead of your camper's arrival at BC. That would be May 23 for S1 campers, June 14 for S2, and June 28 for S3. This will guarantee the early arrival of all medications to camp and will hopefully avoid any late registration fees and/or expedited shipping fees for your family.

The *Pack My Rx* registration process will ask you to enter the first 3 letters of our Camp's name. The website will then lead you to the registration page where you will fill out all the information about your child, including health insurance, and a list of medications with directions, and credit card information. That credit card will be used to pay for any prescription co-pays and over the counter medication costs. There is also a registration fee for *Pack My Rx* that must be paid using PayPal during registration. That fee will range from \$50-\$60 depending on the length of time your child will be at camp. Once your registration is complete, you will receive confirmation including a letter with instructions for your physician on how and where to send your prescriptions. Please take care to enter all information as accurately as possible to avoid errors and ensure that everything is filled correctly.

Please don't hesitate to contact us with any questions.

Sincerely,

Lorrie and Devri Byrom