



# Petra Cliffs Mountaineering School Release of Liability / Assumption of Risk Form

Program: \_\_\_\_\_ Program Date: \_\_\_\_\_

Adventure-based activities are exciting, challenging, and physically and emotionally demanding. Our Instructors are trained to supervise these activities using the highest safety standards by both Charest Alpinism LLC veteran instructors and by accredited outside training programs.

### Acknowledgment of Risk

While the guides and instructors aim to provide me with a safe and enjoyable experience, I understand that there is a certain degree of risk inherent in these adventurous activities when I participate. Furthermore, there are significant hazards involved in any adventure sport, or activity associated with the outdoors or involving physical exertion and risk-taking and the use of related equipment for the activity. Including but not limited to the following:

#### Land Sports such as Challenge Courses, Rock and Ice Climbing, Mountaineering, Hiking, Skiing and Snowshoeing:

Hazards include but are not limited to twisting an ankle, breaking a bone, sustaining a head or neck injury or other serious physical injury; acts of nature such as rock fall; varying weather conditions such as severe heat or cold.

#### Water Sports such as canoeing, Kayaking, white water rafting, and water rescue:

Hazards include but are not limited to rowing, changing water levels or current, submerged or partially exposed objects; foot entrapments; severe weather conditions such as severe heat and cold.

I will be instructed in safety practices to participate in these activities and will not be asked to participate in a manner that is unreasonable or imprudent. However, the instructor cannot guarantee absolute safety. Consequently, I must recognize and accept shared responsibility for my safety and the safety of other group members. I will ask questions if I do not understand the instructions and guidelines. I will also obey all rules and guidelines at all times.

### Release of Liability, Hold Harmless and Indemnification

In consideration of the services and or equipment provided, I, for myself and any minor children for which I am a parent or legal guardian or otherwise responsible, any heirs, personal representatives, or assigns, do hereby release, indemnify and hold harmless Charest Alpinism LLC, its principles, directors, officers, agents, employees, volunteers from all liability; and waive any claim for damage arising from any cause whatsoever in any way connected to this activity.

### Authorization

I hereby authorize any medical treatment deemed necessary in the event of receiving any injury while participating in the activity. I agree that any film or photographs of me/us as participants may become property of Petra Cliffs and may be used for promotional purpose.

BY SIGNING THIS RELEASE OF LIABILITY FORM, I ACKNOWLEDGE THAT I HAVE READ THIS DOCUMENT, I FULLY UNDERSTAND ITS CONTENTS, AND FREELY ACCEPT THE LIMITATIONS ON MY RIGHTS SET FORTH IN THIS RELEASE OF LIABILITY.

Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_ Emergency Contact Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

### TO BE READ AND SIGNED BY PARENT/LEGAL GUARDIAN OF MINORS.

I hereby state that I am the parent or legal guardian of the minor whose signature appears above. I have read, understand and freely accept the terms and provisions set forth in this release. If a minor does not have a signed release of liability form from a parent/guardian Charest Alpinism LLC can refuse to let that minor participate, or at its option, agree to let the minor climb, but that it does so only because the undersigned party hereby agrees to full responsibility for the safety of that minor under the terms of this release of liability.

Signature of Parent or Guardian \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Petra Cliffs Mountaineering School 105 Briggs Street Burlington, VT 05401**

(802) 657-3872 Toll-free: (866) 657-3872 Fax: (802) 657-3877 www.petracliffs.com

# Petra Cliffs Mountaineering School Health Questionnaire

The programs that Petra Cliffs offers are, by their nature, physically demanding. Also, these programs take place in remote locations where advanced medical care is not quickly available. For our guides to conduct these programs it is essential that we be fully aware of any health issues regarding our participants. Your responses will be kept in the strictest of confidence. Please call Petra Cliffs Climbing Center at 657-3872 with any questions. **Please complete and send to:**

**Petra Cliffs Mountaineering School, 105 Briggs St. Burlington VT, 05401 or FAX 802-657-3877**

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Age: \_\_\_\_\_

Emergency Contact Name and Phone: \_\_\_\_\_ ( ) - \_\_\_\_\_ Relation: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Doctor's Name and Phone: \_\_\_\_\_ ( ) - \_\_\_\_\_

Do you hold health insurance?:  no  yes Provider: \_\_\_\_\_ ID#: \_\_\_\_\_

Are you allergic to anything?

Do you currently take any prescription or OTC medications? If yes, what are they for?

Please describe any medical conditions that limit your physical activity:

Please list the dates of your past hospital visits and the describe the associated illness/injury:

Please list any dietary restrictions:

Please describe your level of physical fitness, outlining your daily amount of exercise:

**Petra Cliffs Mountaineering School 105 Briggs Street Burlington, VT 05401**

(802) 657-3872 Toll-free: (866) 657-3872 Fax: (802) 657-3877 [www.petracliffs.com](http://www.petracliffs.com)