



140 Betsey Cox Lane, Pittsford, Vermont 05763 * www.campbetseycox.com*

Camp Betsey Cox Health Care Release of Confidential Information

Permission is hereby given to the camp nurse to contact my child's licensed healthcare provider to clarify medical information, if necessary, regarding my child's current state of health. I hereby give the healthcare provider permission to release requested information to the camp nurse.

Camper Name _____ DOB _____

Signature of parent or legal guardian _____

Printed name of parent or legal guardian _____

Name and address of health care provider:

_____ zip _____

Phone (____) _____

Federal Government regulations require signed permission for this exchange.
Thanks for assisting us in caring well for your child.

*** Continued on other side ***



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Parent Authorization for over-the-counter medications

Camper's Name _____ age _____

During your child's summer camp experience, a need may arise for her to receive certain over-the-counter medications. These medications would be administered by a registered nurse or trained designee, and the dosage would be as suggested by the manufacturer. The "pink form" Recommendations for Licensed Medical Personnel Form 2 included in your parent packet lists non-prescription medications commonly stocked in a camp health center and gives you and your health care provider the opportunity to cross out items the camper should not be given. The following are a few additional items we stock that you should cross out if they should not be given.

Please read the statement below and Cross out any non-prescription medications you **DO NOT** want your child to receive.

I _____, acknowledge and give permission for my child to receive over the counter medications based upon the Camp Betsey Cox Protocol and Procedure Handbook. I have indicated below those medications I **DO NOT** want her to receive.

topical anesthetics (ie. creams with lidocaine) Robitussin Tums Lotrimin cream/spray Clear Eyes Gas-X topical antibiotic ointment wart remover Dramamine	Bonine DayQuil NyQuil Claritin After Bite SwimEar Witch hazel electrolyte replacement
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*all of the above name brands may be substituted with generic or store brand

**this list may evolve over the course of the summer as needs and availability change

Nature's Sunshine Herbs:

Elaine Griffith, our Arts and Crafts Director is also a certified Herbal Consultant, a Certified Natural Health Professional, and an Independent Distributor for Nature's Sunshine Products. (<http://www.herbalanswersonline.com/>). She makes her skills available to campers and staff and many take advantage of her knowledge. There are a variety of herbal remedies. Some are topical for external use like: Boo Boo Balm, used for many things from bug bites to scrapes, and lavender oil to encourage good sleep. Some herbs are ingested, like papaya mints to settle an uneasy stomach. Please circle "yes" or "no" if you are willing to have your daughter use herbs as advised by our herbal practitioner:

All herbs and supplements may be given as advised by herbal practitioner. YES NO

Topical herbal remedies only may be given as advised by herbal practitioner YES NO

Comments/special requests _____

Parent/Legal Guardian Signature _____ Date _____